



Information Helpful to Schools

Information that is helpful to schools looking after



children with myasthenia

Flexible arrangements that can be helpful

- Having a chair to sit on instead of having to get down and up from the floor
- Having flexibility about starting times and attendance and not getting hassle about being late or absent
- Being able to stay indoors during playtime (having the choice about whether to go out)
- Having the choice about the level of participation in PE lessons, and the opportunity to opt out
- Having the optimum time to eat dinner and being able to have a drink with the meal
- Having extra time for completing written work, this being relevant particularly during exams and assessments
- Not being made to stand in queues
- Explaining to the class, with the agreement of the pupil, what Myasthenia is and how it might affect their class mate

Points of consideration for class teacher

- It may be difficult for the child to put their hand up. Is there another way they can indicate an answer or ask for attention
 - The pupil may need to put their head on the desk as they may be using it for support
 - The pupil may have difficulty reading aloud due to weakness in the voice
 - The pupils fine motor skills may deteriorate with weakness and help with recording work may be required
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- The opportunity to communicate with school on a daily basis is important so both home and school have a current understanding of the child's level of weakness and level of need.**