



# Evidence for Benefits

Myasthenic Kids Briefing  
by Steve Bradshaw



Myasthenic  
Kids

# Do's and Do not's.

- NEVER ASSUME THAT DWP WILL KNOW.
- ALWAYS PROVIDE QUALITY EVIDENCE.
- KEEP AND UPDATE AN 'EVIDENCE FILE'.
- KEEP A DIARY.
- USE THE KEY PHRASES.....

# Describe MG

- Write a description of what MG is, include the phrases, lifelong condition, and explain MG crisis and the risks.
- Enclose a leaflet that explains MG.

# Medical and professional evidence

- G.P. LETTERS.
- CONSULTANT LETTERS
- Physio/Occupational health reports
- Speech therapists reports
- Education statement.
- All other specialist reports.

# CHRONOLOGICAL MEDICAL HISTORY

- WRITE A CHRONOLOGICAL HISTORY
- INCLUDE HOSPITALISATION/ TREATMENTS
- MEDICAL APPOINTMENTS/EMERGENCY
- SECONDARY AND OTHER CONDITIONS AND THE IMPACT.
- MEDICINES AND SIDE EFFECTS. SHORT/ MEDIUM AND LONG TERM.
- INJURIES SUSTAINED DUE TO MG.

# IMPACT ON DAY TO DAY LIVING

- LIST ALL DAILY TASKS (DRESSING, WASHING, EATING, WALKING/ MOBILITY. ETC.....)
- EXPLAIN THE TIME TAKEN TO COMPLETE EACH TASK.....IF LONGER THAN 'NORMAL'.
- IF A TASK CANNOT BE DONE FOR ANY PERIOD OF THE DAY THEN MENTION THIS, THEN EXPLAIN OVER A GIVEN TIME PERIOD, HOW MANY DAYS THIS OCCURS. ALSO FATIGUE LEVELS AND REST PERIODS.
- THE PERSONAL SAFETY RISKS OF EACH TASK. I.E RISK OF CHOKING WHILST EATING, CHEWING.....DOUBLE VISION WHILST CROSSING ROAD, RISK OF FALLS. GIVE EXAMPLES!

# DAY TO DAY LIVING CONTINUED.

- WRITE ABOUT SLEEP ISSUES, INCONTINENCE.
- LIST ALL HELP/ SUPPORT/SUPERVISION OR EQUIPMENT IS USED OR COULD BE USED IF PROVIDED.

# IMPORTANT KEY PHRASES.

'THEREFORE CANNOT RELIABLY CARRY OUT THIS TASK.'

'CAUSES EXTREME FATIGUE.'

'THEREFORE IS A RISK OF PERSONAL INJURY'

'CANNOT COMPLETE TASK TO AN ACCEPTABLE TIME SCALE.'

'REQUIRES A REST PERIOD POST COMPLETEING THE TASK'

'CAUSE ANXIETY AND STRESS'

CANNOT PERFORM THE TASK FOR SOME PERIODS OF THE DAY, AND THIS HAPPENS FOR MORE THAN 50% OVER A GIVEN TIME PERIOD OF A WEEK.

# SOCIAL IMPACT.

- WRITE A NARRATIVE ON THE SOCIAL IMPACT/ DEVELOPMENT.
- COVER, PLAY, SPORT, SOCIAL, HOLIDAYS, SHOPPING, FAMILY EVENTS, SCHOOL.
- INCLUDE THE IMPACTS, SUCH AS ISOLATION, DEPRESSION, ANXIETY, BEHAVIOUR, STRESS.
- EDUCATIONAL IMPACT DUE TO LOST EDUCATIONAL DAYS.
- INCLUDE THE EXTRA RISKS OF INFECTIONS ETC.

# DIARY

- KEEP A DAILY DIARY.....

# FILE IT!

- KEEP IT FILED AND UPDATED.
- THEN.....WHEN YOU NEED TO MAKE ANY APPLICATION YOU CAN USE IT TO FULLY COMPLETE ANY FORMS AND CROSS REFERENCE TO IT.....SEND A FULL DOPY WITH ALL APPLICATIONS.